



2020-2021 annual REPORT

MISSION: *To improve the health and well-being of our community consistent with our osteopathic heritage*

2020-2021 BOARD OF DIRECTORS

-
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Glenn Schlabs, Esq.
President of the Board
2020 – 2021



Doris L. Ralston, MPA, CHES
Executive Director & CEO

The Year in Review

Martin Seligman, a psychologist with the University of Pennsylvania, describes three different kinds of happiness: the pleasant life, the good life and the meaningful life. Of the three, a meaningful life is the most fulfilling as we devote our talents and strengths to serve others. Philanthropy through our Foundation collectively with you, our volunteer members and donors, allows us each to have a more meaningful life as well as those we have touched with our grants and scholarships.

During the fiscal year we awarded a total of \$195,000 in community grants. These went to 18 qualified nonprofit organizations to improve the lives of the people they serve through prevention programs, direct care and counseling services. Additionally, we awarded eight scholarships to Osteopathic medical students for a total of \$80,000.

Funds to support our mission are generated through prudent investing and stewardship as well as from individual donations. Because of our stewardship, your engagement and financial commitments, we achieved our goal of selecting five new Osteopathic medical student scholarship recipients for the 2021-2022 fiscal year.

As a philanthropic foundation, we have more to give than our financial contributions. By creating trusting relationships, we can engage in honest, open and ongoing dialogue, as well as leverage our relationships and experiences to better support the needs of health and human service nonprofits and ultimately the people in our community. In spite of the disruptions caused by COVID-19, we engaged in one community service project with Children’s Hospital – C.S. Through your benevolence, we provided many books, games and puzzles for their Family Resource Center. Furthermore, we conducted a past presidents breakfast to engage past leadership and gain the wisdom of former Foundation leaders.

You are all essential to our achievements. We are thriving because of your engagement and your willingness to adapt. We thank each of you for your ongoing support, loyalty and trust in our mission and work. It was a joy, as well as an honor and privilege working with you to advance our Foundation’s goals, benefiting our community and the Osteopathic profession. We hope you are as proud of our accomplishments as we are, and we encourage you to stay engaged as our Foundation is a positive force for good in our community.

*“It’s what you do right now
that makes a difference.”*

—Black Hawk Down
(2001 film)

FINANCIALS

July 1, 2020 – June 30, 2021

-
- Total Assets: \$9,412,154
-
- Total Net Assets: \$9,405,526
- Total Revenue and Gains:
\$1,992,692
- Total Expenses: \$414,716

Community Grant Awards

During our 2020-2021 fiscal year, our Foundation awarded \$195,000 in community grants. These went to 18 qualified nonprofit organizations for the most pressing health and human service issues in the Pikes Peak Region, having a positive impact on thousands of people in El Paso and Teller counties. Grant awards focused on improving access to health and human service programs which promoted the physical, emotional, mental and behavioral health of the underserved. For information on the Foundation’s Grant Application process visit the Foundation’s website at csf.org or call 719-635-9057. Grant awards were provided to the following qualified nonprofit organizations.

- Atlas Preparatory School** - \$15,000 Healthy Scholars Healthy Choices Program
- CASA Pikes Peak Region** - \$10,000 General Operating Support with a focus on Court Appointed Special Advocates program
- Dream Centers** - \$10,000 Women’s Clinic Program

- Early Connections Learning Centers** - \$10,000 Behavioral Health Initiatives
- Fostering Hope** - \$10,000 General Operating Support with a focus on childhood trauma alleviation
- Kidpower** - \$5,000 Interpersonal Safety Education Workshops

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NAMI-C.S. - \$10,000 General Operating Support with a focus on education, support and advocacy for people and families who are living with mental illness

Safe Passage - \$20,000 Forensic Medical Services Program

Silver Key - \$10,000 Durable Medical Equipment Program

Special Kids Special Families - \$12,500 Zach's Place

Status Code 4 - \$7,500 General Operating Support with a focus on meeting the growing demand of trauma healing services for first responders and their families

Teller Senior Coalition - \$5,000 Caregiver Respite Program

The Place - \$10,000 General Operating Support with a focus on mental health, health care and substance abuse treatment programs

Tri-Lakes Cares - \$5,000 General Operating Support with a focus on improving lives through medical care, case management and food

Mt. Carmel Veterans Service Center and **Springs Recovery Connections** each received their second year grant award of \$20,000.

A total of \$15,000 was awarded in discretionary grants to the **Empty Stocking Fund** and **Children's Hospital Colorado Springs** for their outpatient behavioral health services.



Community Impact

The Place, formerly Urban Peak of Colorado Springs, is now a unique 501(c)(3) nonprofit organization that serves homeless youth. Their mission is to "ignite the potential in youth to exit homelessness and create self-determined, fulfilled lives." Not only does The Place provide temporary housing for youth ages 15 to 20, it provides wrap-around services and programming exclusively for youth ages 15 through 24 who are experiencing homelessness in the Pikes Peak Region. Among those services are street outreach, meals, life skills classes, intensive case management, mental health and substance abuse treatment, medical care, education assistance, job readiness training and affordable housing options. These programs prepare youth to leave the dangers of street life, and reunite with their families or take steps toward self-sufficiency. Since becoming an independent nonprofit organization in December of 2000, they have helped an estimated 7,650 youth.

John H. Drabing, D.O., Osteopathic Medical Student Scholarship Program

As an Osteopathic foundation, we are committed to the Osteopathic profession and its inherent principles and philosophy. As our nation continues to experience physician shortages and the cost of obtaining a medical education continues to increase, we are investing in our country's future physician workforce with our scholarships. Osteopathic medical students with a Colorado connection may apply to receive a total of \$20,000: \$10,000 for their third year of medical school and \$10,000 for their fourth year of medical school.

During the 2020-2021 fiscal year, the Foundation awarded \$80,000 in tuition scholarships to four fourth-year students and four third-year students.

Third-year Osteopathic Medical Student Scholarship Recipients

Alex Knippenberg, Rocky Vista University College of Osteopathic Medicine (Denver)

Yuri Korobchuk, Kansas City University of Medicine & Biosciences (Colorado Springs)

Tess Schultz, Rocky Vista University College of Osteopathic Medicine (Ft. Collins)

Emily Sherwood, Rocky Vista University College of Osteopathic Medicine (Highlands Ranch)

Fourth-Year Osteopathic Medical Student Scholarship Recipients

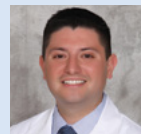
Andrea Chernau, Rocky Vista University College of Osteopathic Medicine (Denver)

Jolysa Gallegos, Rocky Vista University College of Osteopathic Medicine (Swink)

Daniel Heck, Alabama College of Osteopathic Medicine (Colorado Springs)

Rachel McLaughlin, Rocky Vista University College of Osteopathic Medicine (Colorado Springs)

Five new students (pictured below) were selected to receive \$10,000 tuition scholarships for the 2021-2022 fiscal year.



Arthur Armijo
Rocky Vista University
College of Osteopathic
Medicine (Monte Vista)



Taylor Keller
Des Moines University
College of Osteopathic
Medicine (Colo. Springs)



Bailey Kuechenmeister
Midwestern University AZ
College of Osteopathic
Medicine (Nederland)



Prakhar Singal
Rocky Vista University
College of Osteopathic
Medicine (Colo. Springs)



Cameron Taylor
Des Moines University
College of Osteopathic
Medicine (Littleton)

Walter S. Strode, D.O., Memorial Scholarship

The Walter S. Strode, D.O., Memorial Scholarship was established by the Strode Family in partnership with the Colorado Springs Osteopathic Foundation in memory of Walter S. Strode, D.O. This annual \$1,000 scholarship is designated for books, fees, equipment and supplies. **Kalyn Brenner**, Des Moines University College of Osteopathic Medicine (Colorado Springs) was awarded the scholarship in the 2020-2021 fiscal year.



Jonathan Staheli

Jonathan Staheli, Kansas City University of Medicine & Biosciences (Parker) was selected to receive the scholarship in the 2021-2022 fiscal year.

Thank You Fiscal Year 2020-2021 Donors!

1% Legacy Society (Estate Gifts & Bequests)

Drs. Alex and Shannon Constantinides
John H. Drabing, D.O.
Curry Horak, M.D.
John Kurish, D.O.
Mr. and Mrs. Rob McDonald
Drs. Joyce Michael and Michael Trumbull
Mrs. Doris Ralston
Dr. and Mrs. Sidney Rubinow
Lloyd Strode, D.O.

A.T. Still Circle: (\$10,000 & Above)

John H. Drabing, D.O.

Benefactor: (\$1,000 - \$4,999)

Mr. and Mrs. Jeff Drabing
Mr. and Mrs. Michael Drabing
George Jueteronke, D.O.*
Mr. and Mrs. Rob McDonald
Pressman Family Foundation of Pikes Peak
Community Foundation
Mrs. Doris Ralston
Rocky Vista University
College of Osteopathic Medicine
Dr. and Mrs. Sidney Rubinow
Paul Stanton, D.O.

Patron: (\$500 - \$999)

Mr. Kirk Drabing
Dr. and Mrs. Curry Horak

Mr. Paul and Mrs. Lynne Jones
Peter McNally, D.O.*
Mr. and Mrs. John Potterat**
Mr. and Mrs. Glenn Schlabs
Lloyd Strode, D.O.
Dr. and Mrs. Michael D. Welch
John Wright, D.O.

Heritage: (\$250 - \$499)

Linda Case, D.O.
Lindsay Fischer, Esq.
Dr. Donald † and Mrs. Barbara Gazibara*
Dr. and Mrs. William Griffis*
Dr. and Mrs. Gerald Hamstra
Dr. and Mrs. Charles Hughes
Richard Kennedy, Esq.*
Cynthia Lund, D.O.**
Dr. and Mrs. William Mandel**
Dr. and Mrs. Thomas T. McCarthy*
Dr. and Mrs. Robert Sayre**
Michael Spangler, D.O.
Mr. Barry Weiner*
James Zimmer, D.O.

Friend: (Up to \$249)

Dr. Gerald Travers and Dr. Ronda Ammon
Mrs. Caroline Lewis
Ms. Sara Marr
Drs. Joyce Michael and Michael Trumbull
Paul Numsen, D.O.*
Jeff and Gloria Ross
William Woodworth, Jr., D.O.

Memorial and Honor Gifts

In Honor of John H. Drabing, D.O.
Mrs. Caroline Lewis
Mr. Kirk Drabing

In Memory of Dr. Fred Feiler
Dr. Donald † and Mrs. Barbara Gazibara

In Memory of Hans and Ruth Jueteronke
George Jueteronke, D.O.

In Memory of Fonda Kurish and Cathy Strode
Drs. Joyce Michael and Michael Trumbull

In Memory of Dr. Gerald Mandell
Dr. and Mrs. William Mandell

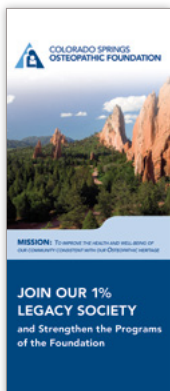
In Memory of Mike McDonald
and Grant Ralston
Mr. Rob and Mrs. Ann McDonald

In Memory of Cynthia McNally
Peter McNally, D.O.

* Designated for Osteopathic Medical Student Scholarship Program

** Designated for Community Grant Program
† Deceased

Please note, if your name has been unintentionally omitted or misspelled, we apologize. Please send an email to DRalston@csf.org with the corrected information.



Fund Development

Our Foundation actively pursues contributions to grow the Foundation's endowment so it can benefit our community in perpetuity. This also supports the Osteopathic profession for the generations to follow. Charitable gifts may also have a positive impact on your tax planning strategies. Contributions to the Foundation come in many forms - cash, stock, IRAs, just to name a few. Gifts of any amount are appreciated.

1% Legacy Society

A 1% Legacy Society was formed to encourage estate giving and to recognize estate gift donors. Estate gift donors may also remain anonymous if they wish. Some donors contribute from their estates during their lifetime so they can see the results of their gifts. The Foundation's 1% Legacy Society makes it easy for donors to meet their goals while making a huge impact on the Foundation.

*“Philanthropy is like love.
The more you make it
a cornerstone of your
life, the more you find
the joy, meaning and
satisfaction in living.”*

—The DeBoskey Group

MEMBERSHIP

Our Foundation is unique in that it has member volunteers. Members are an important resource for the Foundation. They serve on committees, the board and participate in “member” meetings and community service projects. At the Foundation’s annual membership meeting, members elect new board members and may amend the Foundation’s Articles of Incorporation.

Our Board of Directors approves new member applicants at its quarterly board meetings. An application for membership may be downloaded from the Foundation’s website at csof.org or call 719-635-9057 to have an application emailed or mailed.

WHO MAY JOIN THE FOUNDATION

Anyone who has an interest in the Foundation, its mission and work may apply for membership. There are no dues; however, the Foundation encourages and appreciates donations.

“You think the only people who are people, are the people who look and think like you. But if you walk the footsteps of a stranger, you’ll learn things you never knew you never knew.”

—Pocahontas (1995 film)



CSOF COMMUNITY SERVICE PROJECT

During the fiscal year we participated in one community service project. Our community service engagement project benefitted Children’s Hospital – Colorado Springs. On June 30, 2021, members contributed new board games, movies, books and magazines to Children’s Family Resource Center which offers a quiet respite space exclusively for their patients’ parents and guardians.

WHO WE ARE: Established in 1984, Colorado Springs Osteopathic Foundation’s charitable mission lives on today through grant and scholarship awards, as well as collaboration with like-minded organizations to address community health issues. Learn more about our history and view a video of our region’s osteopathic legacy at our website, csof.org.



National Alliance on
Mental Illness-C.S. (NAMI)
2016 Advocate of the Year
May 4, 2017



CASA’s Foundation
Investor Award
August 22, 2013



Partners in Philanthropy
**Outstanding Grant
Making Organization**
October 3, 2012



COLORADO SPRINGS OSTEOPATHIC FOUNDATION

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