



2017-2018 annual REPORT

MISSION: *To improve the health and well-being of our community consistent with our Osteopathic heritage*

2017-2018 BOARD OF DIRECTORS

.....
Scott Robinson, D.O.,
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Alex Simpson, D.O.

Mike Steppenbacker, D.O.

Lloyd Strode, D.O.

FINANCIALS

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July 1, 2017 – June 30, 2018

Total Assets: \$7,805,181

Total Net Assets: \$7,805,181

Total Revenue and Gains:
\$573,685

Total Expenses: \$397,618



Scott Robinson, D.O.
President of the Board
2017 – 2018



Doris L. Ralston, MPA, CHES
Executive Director & CEO

The Year in Review

Mark Twain said, "Continuous improvement is better than delayed perfection." This resonates with our Foundation because we strive for continuous improvement in our operations and community grant and scholarship programs. If we waited for perfection, progress might not occur. The mission of our Foundation is at the forefront of all we do. Our forward momentum happens in large part because of the commitment of our member volunteers. Consistent with our Osteopathic heritage, we continue to contribute to the health and well-being of our community. Our community grant program is stronger than ever and has the holistic philosophy embedded in it. Our *John H. Drabing, D.O., Osteopathic Medical Student Scholarship* program supports the Osteopathic profession directly. Both programs have resulted in greater awareness of the Osteopathic profession and increased visibility for our Foundation.

During the year we provided \$170,227 in community grant awards to 16 qualified nonprofit organizations to improve the lives of the people they serve. In addition, we provided \$18,800 in sponsorship grant awards and \$9,001 in discretionary grants for a total of \$198,028 in grant awards. We supported six Osteopathic medical students with tuition scholarships totaling \$60,000 and committed to \$80,000 in scholarships for the 2018-2019 fiscal year. Through our community service work, we delivered medically tailored meals to Project Angel Hearts' clients and conducted an internal food drive for Silver Key Senior's Food Pantry. You were an essential part in being able to achieve this – whether through your volunteer time, expertise, or philanthropy, we are truly grateful. It has been a pleasure and an honor working with all of you on behalf of our Foundation —thank you for your continued support and engagement!

*"Great things are done by a series of small things brought together."
—Vincent Van Gogh*

Community Grant Awards

During our 2017-2018 fiscal year, our Foundation awarded \$170,227.83 in community grants to 16 qualified nonprofit organizations that demonstrated a need in one of our three priority areas and had the capacity to engage in exemplary work. For information on the Foundation's Grant Application process visit the Foundation's website at csf.org or call 719-635-9057. Grant awards were provided to the following qualified nonprofit organizations:

Atlas Preparatory School: \$15,000 in program support for the Healthy Scholars, Healthy Choices Program which provides direct mental health therapy services and treatment on site at no cost to the students

CASA: \$10,000 in program support for the Supervised Exchange and Parenting Time Program

Children's Hospital C.S.: \$10,000 in capital support to purchase MicroCool refrigerators for breast milk

Community Partnership for Child Development: \$10,000 in program support for the Behavioral Health Program

DayBreak—an Adult Day Program: \$10,000 in general operating support to help offset the costs of providing a safe and secure environment for seniors often with Alzheimer's or similar conditions as their caregivers are provided respite

Early Connections Learning Centers: \$10,000 in program support for the Comprehensive Health Program

Kidpower: \$5,000 in program support for the Interpersonal Safety Education Workshops for disadvantaged children and their parents/guardians

Mt. Carmel Veterans Service Center: \$10,000 in program support for Behavioral Health Services

National Alliance on Mental Illness Colorado Springs: \$25,000 in general operating support for the following initiatives: Crisis Intervention Team Training, Ending the Silence Program and Multicultural Outreach

Phoenix Multisport: \$5,000 in general operating support for the Substance Abuse Intervention Program

Prospect Home Care & Hospice: \$5,000 in general operating support

Safe Passage: \$15,000 in program support for the Forensic Medical Services Program

Silver Key: \$11,500 in program support for Senior Services Case Management

continued on next page

Teller Senior Coalition: \$8,500 in program support for the Respite Program

TESSA: \$10,000 for the Domestic Violence Sexual Assault Clinical Program that provides therapeutic services to survivors, helping them overcome their trauma and empowering them to build lives of safety and self-sufficiency

Westside Cares: \$10,277.83 in capital support for a new phone system and fax machine

In addition, \$9,001 was awarded in Discretionary Grants to **TESSA, Project Angel Heart** and **The Empty Stocking Fund.**

Sponsorship Grants totaling \$18,800 were awarded to Colorado Springs Therapeutic Riding Center's Barn Dance, Safe Passage's Alice in Wonderland Un-Gala and NAMI-C.S.'s Stepping Into the Light Breakfast. Sponsorship grant awards increased the Foundation's visibility and helped raise additional funds exceeding \$216,000 for these nonprofit organizations.



Community Impact

DayBreak—an Adult Day Program in Teller County provides respite services for caregivers, allowing their loved ones to live full, active and independent lives in a "home away from home" environment, preventing long term care placement before it's time. People receiving DayBreak's services are in an environment that offers individual growth, tailored socialization and stimulating and individualized activities and community engagement through music therapy, intergenerational connections, pet therapy, gardening, arts and crafts, exercise and more. In addition to providing respite care, DayBreak provides education and support to the caregivers. Clients cared for often have dementia, Alzheimer's, TBI, stroke or Parkinson's Disease.

John H. Drabing, D.O., Osteopathic Medical Student Scholarship Program

The Board of Directors named the Foundation's Osteopathic Medical Student Scholarship Program after one of the Foundation's founders and most staunch supporter. It is now officially named the **John H. Drabing, D.O., Osteopathic Medical Student Scholarship Program.** The focus of the scholarship program is to select osteopathic medical students who exhibit the most promise to return to Colorado to practice medicine once they have completed their education and training. The Foundation believes scholarships are a worthy investment in Colorado's future

physician workforce and in the Osteopathic profession.

Osteopathic medical students with a Colorado connection may apply for a \$10,000 scholarship during their second year of medical school. Scholarships are awarded during the selected recipients third year of medical school. If the students are still in good standing at the end of their third year, they automatically receive a \$10,000 scholarship for their fourth year of medical school.

During the 2017-2018 fiscal year, the Foundation awarded



John H. Drabing, D.O., FAOAO, FACOS graduated from the University of Colorado-Boulder in 1957 and earned his

D.O. degree from Kirksville College of Osteopathic Medicine in 1961. Dr. Drabing's long and exemplary career includes acting as a founding board member of CSOF in 1984 and serving as president of the Foundation from 1989-1990. He remains an active member, serving on multiple committees.

Learn more about Dr. Drabing and the Scholarship Program on our Web site at: csf.org/scholarships.html.

\$60,000 in tuition scholarships to two fourth-year Osteopathic medical students and four third-year Osteopathic medical students.

Third-year Osteopathic Medical Student Scholarship Recipients

Peter Boucas, Midwestern University Chicago College of Osteopathic Medicine (*Loveland*)

Christina Draganich, Rocky Vista University College of Osteopathic Medicine (*Greenwood Village*)

Nicholas Sloan, Rocky Vista University College of Osteopathic Medicine (*Pueblo West*)

Coleen Waterhouse, Rocky Vista University College of Osteopathic Medicine (*Colorado Springs*)

Fourth-year Osteopathic Medical Student Scholarship Recipients

Jenni Adams, A.T. Still University Arizona College of Osteopathic Medicine (*Englewood*)

Katherine Rose, Rocky Vista University College of Osteopathic Medicine (*Colorado Springs*)



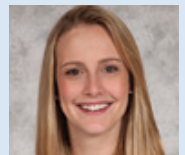
Charlotte Ballantine
Rocky Vista
University College
of Osteopathic
Medicine (*Denver*)



Jason Hirshberg
Midwestern
University Arizona
College of
Osteopathic
Medicine (*Boulder*)



Elizabeth Stoll
Rocky Vista
University College
of Osteopathic
Medicine (*Clark*)



Krysta Sutyak
Rocky Vista
University College
of Osteopathic
Medicine (*Niwot*)

Four new students (pictured above) were selected to receive **\$10,000 tuition scholarships** during the 2018-2019 fiscal year.

Walter S. Strode, D.O. Memorial Scholarship



Tyler Coolman

The Walter S. Strode, D.O. Memorial Scholarship was established by the Strode Family in partnership with the Colorado Springs Osteopathic Foundation in memory of Walter S. Strode, D.O. This annual \$1,000 scholarship is designated for books, fees, supplies and equipment. **Tyler Coolman**, A.T. Still University Kirksville College of Osteopathic Medicine, was selected to receive the scholarship for the 2018-2019 fiscal year.

Jacob Ripp, A.T. Still University Kirksville College of Osteopathic Medicine, received the scholarship in the 2017-2018 fiscal year.

Thank You Fiscal Year 2017-2018 Donors!

1% Legacy Society (Estate Gifts, Bequests & Stock)

Dr. Alex and Shannon Constantinides
John H. Drabing, D.O.
Curry Horak, M.D.
Mr. Rob and Ann McDonald
Drs. Joyce Michael and Michael Trumbull
Mrs. Doris Ralston
Dr. Sidney and Karen Rubinow
Lloyd Strode, D.O.
Daniel Tell, D.O.

A.T. Still Circle: (\$10,000 & Above)

John H. Drabing, D.O.
Drs. Joyce Michael and Michael Trumbull

Benefactor: (\$1,000 - \$4,999)

Ms. Diane Drabing
Mr. Jeff and Ann Drabing
Mr. Michael and Taren Drabing
Mr. Rob and Ann McDonald
Peter McNally, D.O.
Mrs. Doris Ralston
Rocky Vista University COM
Dr. Sidney and Karen Rubinow
Paul Stanton, D.O.
Michael Welch, D.O.

Patron: (\$500 - \$999)

William Griffis, D.O.*
Curry Horak, M.D.**
Mrs. Lynne Jones
George Jueteronke, D.O.
Dr. John and Fonda Kurish
Dr. Thomas and Janie McCarthy*/**
Frank Piccinni, D.O.*
Mr. John Potterat
Dr. Daniel and Elizabeth Tell
Dr. James and Barbara Zimmer

Heritage: (\$250 - \$499)

Annabelle Morrow Fund of the
Pikes Peak Community Foundation
Ent Credit Union
Dr. Donald and Barbara Gazibara*
Dr. Charles and Judy Hughes
Floyd Miller, D.O.*
Anthony Ricci, Ph.D.*
Dr. Robert and Penny Sayre
Dr. Donald and Mary Spradlin
Mr. Michael Steppenbacker
Mr. Ken and Carole Waterhouse*

Friend: (Up to \$249)

Drs. Ronda Ammon and Gerald Travers
Mr. Michael Deen, J.D.
Mr. Frank Dowis
Mr. Lindsay Fischer, Esq.
Jeff Jensen Group

Judy Kaltenbacher, C.P.A.
Mrs. Caroline Lewis
William Mandell, D.O., J.D.**
Paul Numsen, D.O.*
Mr. Jeff and Gloria Ross*
Ronald Royce, D.O.
Dr. William and Heather Woodworth

Memorial and Honor Gifts

In Memory of Cynthia McNally
Peter McNally, D.O.

In Honor of John H. Drabing, D.O.
Mrs. Caroline Lewis

In Honor of John H. Drabing, D.O. and
In Memory of Sally J. Drabing
Ms. Diane Drabing

In Memory of Dr. Fred Feiler
Dr. Donald and Barbara Gazibara

In Memory of Michael McDonald and
Grant Ralston
Mr. Rob and Ann McDonald

*Designated for Osteopathic Medical Student
Scholarship Program

**Designated for Community Grant Program

Please note, if your name has been unintentionally omitted or misspelled, we apologize. Please send an email to DRalston@csf.org with the corrected information.



Fund Development

Our Foundation actively pursues contributions to grow the Foundation's endowment so it can benefit our community in perpetuity. Furthermore, by doing this it is supporting the Osteopathic profession for generations that follow.

Contributions to the Foundation come in many forms, cash, stock, and IRAs just to name a few. Gifts of any amount are appreciated.

1% Legacy Society

A 1% Legacy Society was formed to encourage estate giving and to recognize estate gift donors. Estate gift donors may also remain anonymous if they wish. Some donors contribute from their estates during their lifetime so they can see the results of their gifts. Learn more at csf.org/gifts.html.

"The needs of our community's most vulnerable are very great. CSOF has a track record of providing funds to small nonprofit organizations that provide services for these people."

*—Rob McDonald,
Retired Businessman/
Community Volunteer*

MEMBERSHIP

Our member volunteers are the heart and soul of our Foundation, serving on committees and the board of directors, attending meetings and enriching the community through service projects. At the Foundation's annual membership meeting, members elect new board members and may amend the Foundation's articles of incorporation.

Anyone who has an interest in the Foundation, its mission and work may apply for membership. There are no dues; however, the Foundation encourages and appreciates donations. An application for membership may be downloaded from our website at csof.org/membership.html, or one may call the office to have an application emailed or mailed.



COMMUNITY SERVICE PROJECTS

During the fiscal year we participated in two community service projects. Our "hands on" community service engagement was for Project Angel Heart. On Saturday, August 19th, 2017, 17 member volunteers delivered medically tailored meals to chronically ill patients in our community. Afterwards we decorated delivery bags at Project Angel Heart's office to be used for future deliveries.

In addition, our member volunteers contributed food to Silver Key's Senior Food pantry.

MEETINGS AT NONPROFIT ORGANIZATIONS

Our Foundation's fall membership meeting was an intimate gathering at Silver Key Senior Services. Good food, beverages and fellowship were enjoyed by all. In addition to learning about the invaluable services Silver Key provides to our community's senior members ages 60 and older, we had plenty of time for conversation and getting acquainted with new and prospective Foundation members.

WHO WE ARE: Established in 1984, Colorado Springs Osteopathic Foundation's charitable mission lives on today through grant and scholarship awards, as well as collaboration with like-minded organizations to address community health issues. Learn more about our history and view a video of our region's osteopathic legacy at our website, csof.org.



National Alliance on
Mental Illness-C.S. (NAMI)
2016 Advocate of the Year
May 4, 2017



CASA's Foundation
Investor Award
August 22, 2013



Partners in Philanthropy
**Outstanding Grant
Making Organization**
October 3, 2012



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